## Western Regional Conference Portland, Oregon....



THE CHEFS DE CUISINE SOCIETY OF OREGON, IN COOPERATION WITH THE MILITARY HOSPITALITY ALLIANCE, OFFERS A CHALLENGE

# US MILITARY COOKING BATTLE RILLES







The US Military Cooking Battle is open to all branches of the Service as long as each team member is on "active" status. There will be a maximum of twelve teams and we will accept the first twelve team registration forms received. Each team will consist of a Captain and four members. This will be a Hot Food, Black Box Competition. Each team will prepare five plates of a main course. The items in the black box received by each team will be the same. The time allowed will be two and a half hours, from start time to end of clean-up. During the first 30 minutes, the team will inspect its black box and develop a menu which it will prepare. At least some of each item in the black box must be used. Points will be deducted for menu items that are not carried out. There will be two common storage racks. The items on rack A will be available only during the first 30 minutes. Points will be deducted for taking items from Rack A that are not used. Rack B will be a common storage rack from which the teams may use at will. Judging will be based on:

- a) Appropriate cooking methods (e.g., if there were a sirloin steak in the black box, it probably would not be appropriate to poach it.)
- b) Taste
- c) Presentation (Overall appearance of plate)
- d) Proper cuts (Julianne vs. dice, as an example)
- e) Completion on time
- f) Sanitation
- g) Appropriate dress for contestants
- h) Food utilization
- i) Temperatures, consistencies (i.e., viscosity of the sauce, etc.)

The following is an example of what could be found in a black box, Storage Rack A and Storage Rack B. Please note that this is an example only and, with the exception of rack B, that it is highly unlikely that the items listed would be the same as the items actually found in the black box or rack A.

## US MILITARY COOKING BATTLE RULES, PAGE 2

#### **Sample Black Boxes**

Black Box #1, Pan Fry Black Box #2, Poach

CHICKEN BREAST SALMON FILLET

Polenta Rice

Beet Swiss Chard

Green Veg Carrot

Scallops 1/2 Chicken Breast

Asiago Gruyere
Pecans Hazelnuts
Orange Grapes
Bell Pepper Capers

BLACK BOX #3, SAUTÉ BLACK BOX #4, BRAISE

Halibut Chicken Hind Quarter

Wild Rice Pearl Barley

Zucchini Veg—Green Beans

Turnip Parsnip
Proscuitto Prawns
Fresh Mozzarella Chevre
Almonds Walnuts
Melon Pear

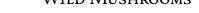
Fennel Cucumber

BLACK BOX #5—ROAST

1/2 Pork TenderloinCelery RootSweet PotatoAhi TunaVeg—Braising GreensMascarpone

Preferred Cashews
Celery Root Avocado

WILD MUSHROOMS





### US MILITARY COOKING BATTLE RULES, PAGE 3

#### **Sample Common Store**

#### Storage Rack A

Note: The items on this rack will be available only for the first 30 minutes. Usage will be assessed, so it is recommended that nothing is removed from this rack that is not used. Again, this is only a possible list of items.

Eggs, Puff Pasty Sheets, Chocolate, Apples, Lemons, Almonds, Honey, Tomatoes, Onions, Shallots, Peppers, Garlic, Root Ginger, Tomato Paste, Mirepoix, Berries, Pate Sucre, Fresh Herbs and Mustard, Endive, Chicory, Spinach Leaves, Mushrooms.

#### STORAGE RACK B

Note: The items on this rack will e available to use at will throughout the competition. Though it <u>closely</u> represents what you will actually find at the time, expect some changes.

Twine, Skewers, Toothpicks, Cream, Milk, Flour (AP), Sugar, Vanilla Extract, Corn Starch, Powered Sugar, Red Wine, White Wine, Port, Brandy, Sherry, Vinegar (Red and White), Olive Oil, Vegetable Oil, Butter, Soy Sauce, Worcestershire Sauce, Tabasco, Chicken Stock, Beef Stock, Demi Glace, Fish Stock, Tomato Sauce, Selection of Fresh Herbs, Dry Herbs and Spices.

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